# STROLLER STRIDES FITNESS KIT INSTRUCTIONS

Congratulations on your purchase of the BOB Stroller Strides Fitness Kit. It is designed to provide beverage holders and additional storage for the excercise tubes and manual. Proper installation and care will provide years of reliable service.

Before attempting to install your new Stroller Strides Fitness Kit, read and understand these instructions completely to insure proper installation. Refer to the included Exercise Manual for additional warnings and instructions for the use of the exercise tubes. If you are unclear on any point, contact your dealer or BOB before use.

# A WARNINGS A

## FAILURE TO FOLLOW THESE WARNINGS AND ASSEMBLY INSTRUCTIONS COULD RESULT IN SERIOUS INJURY OR DEATH.

- This product is not designed to hold hot beverages. Placing hot beverages in the cup holders can result in spills and injury to you or your child, including burns
- When placing containers in the cup holders, it is critical that at least 60% of the container be inserted in the beverage holder so containers do not come
- out. The Stroller Strides Fitness Kit is designed exclusively for use with BOB double strollers. It is not intended for use with other strollers or products. Never exceed 2lbs total in handlebar console. Exceeding 2lbs can create an unstable condition and cause your stroller to tip over leading to injury. When not in use, store exercise tubing in Stroller Strides Fitness Kit, out of reach of baby or child.

# INSTALLATION INSTRUCTIONS

If your stroller has <u>**RED**</u> Handlebar Release Levers as shown below: Go to step 4.

**Z·()·B** 



1. Begin by orienting the Stroller Strides Fitness Kit as shown in Fig. 1.

If your stroller has **BLACK** handlebar Release Levers as shown below: Follow steps 1 through 3.



PHOTO B (BLACK) Handlebar Release Lever

**B-1 Console Installed** 

2. The Stroller Strides Fitness Kit attaches to the stroller handlebar by four Velcro straps. Start attaching the Stroller Strides Fitness Kit to the handle bar with the front right Velcro strap, "A" in Fig. 1. The strap attaches as follows:

**a.** Align the strap with the forward edge of the handlebar foam. Route the strap underneath the handlebar, being careful not to wrap the strap around the black handlebar release lever or brake cable housing (if equipped with hand brake).

Notes: 1) Some newer models of strollers have a foot activated brake and do not have a brake cable. 2) Older strollers do not have a black metal rod or red handlebar release lever.

A WARNING It is critical that the Velcro straps not wrap around the black rod, brake cable housing or handlebar release lever. Wrapping the straps around the black rod can interfere with the correct function of the handlebar release system resulting in the handlebar unexpectedly releasing, causing loss of control and injury.

A WARNING Wrapping the straps around the brake cable housing can interfere with the proper function of the brake causing loss of control and injury. Wrapping the straps around the handlebar release levers can interfere with the correct function

of the handlebar release system resulting in the handlebar unexpectedly releasing, causing loss of control and injury.

## Correct routing of the Velcro strap is shown in PHOTO B-1.

**b.** Continue wrapping the Velcro strap around the handlebar and insert through the black plastic ring as shown in Fig. 4.

- c. Loop the Velcro strap through the ring and secure as shown in Fig. 5.
- d. Repeat above steps (a-c) with the front strap on the opposite side.
- 3. Next attach the back right strap, "B" in Fig. 1. The strap attaches as follows:

**a.** Align the strap so the Stroller Strides Fitness Kit is pulled tight. Route the strap underneath the handlebar and between the brake cable housing and handlebar (if equipped with hand brake).

A WARNING It is critical that the strap not wrap around the brake cable housing. Wrapping the strap around the brake cable housing can interfere with the proper function of the brake causing loss of control and injury.



Fig 2 Velcro Strap Routing

B.O.B

## Correct routing of the strap is shown in PHOTO B-1.

**b.** Continue wrapping the Velcro strap around the handlebar and insert through the black plastic ring as shown in Fig. 4.

- c. Loop the Velcro strap through the ring and secure as shown in Fig. 5.
- d. Repeat the above steps (a-c) with the back strap on the opposite side.

#### If your stroller has RED Handlebar Release Levers, Follow steps 4-6.

4. Begin by orienting the Handlebar Console as shown in Fig. 1.

**5.** The Stroller Strides Fitness Kit attaches to the stroller handlebar by four Velcro straps. Start attaching the Stroller Strides Fitness Kit to the handlebar with the front right Velcro strap, "A" in Fig. 1. The strap attaches as follows:

**a.** Align the strap with the forward edge of the handlebar foam. Route the strap underneath the handlebar and between the black metal rod, brake cable housing (if equipped with hand brake) and handlebar being careful not to wrap the strap around the red handlebar release lever.

**A** WARNING It is critical that the strap not wrap around the black rod, brake cable housing or red handlebar release lever. Wrapping the strap around the black rod can interfere with the correct function of the handlebar release system resulting in the handlebar unexpectedly releasing, causing loss of control and injury.

Wrapping the strap around the brake cable housing can interfere with the proper function of the brake causing loss of control and injury.

**A** WARNING Wrapping the strap around the red handlebar release lever can interfere with the correct function of the handlebar release system resulting in the handlebar unexpectedly releasing, causing loss of control and injury.

#### Correct routing of the Velcro strap is shown in Fig 2.

**b.** Continue wrapping the Velcro strap around the handlebar and insert through the black plastic ring as shown in Fig. 4.

- c. Loop the Velcro strap through the ring and secure as shown in Fig. 5.
- d. Repeat the above steps with the forward strap on the opposite side.
- 6. Next attach the back right strap, "B" Fig. 1. The strap attaches as follows:

**a.** Align the strap so the Stroller Strides Fitness Kit is pulled tight. Route the strap underneath the handlebar and between the brake cable housing and handlebars

# **A** WARNING It is critical that the strap not wrap around the brake cable housing. Wrapping the strap around the brake cable housing can interfere with the proper function of the brake causing loss of control and injury.

#### Correct routing of the strap is shown in Fig 3.

**b.** Continue wrapping the Velcro strap around the handlebar and insert through the black plastic ring as shown in Fig. 4.

- c. Loop the Velcro strap through the ring and secure as shown in Fig. 5.
- d. Repeat the above steps with the back strap on the opposite side.

# NOTE: When using the exercise manual, it can be secured to the Stroller Strides Fitness Kit by sliding it under the clip as shown in Figure 6.

# **CARE INSTRUCTIONS**

Hand wash cold, hang dry, do not dry clean or iron.

## LIMITED WARRANTY

BOB Trailers Inc. takes pride in its workmanship and strives to manufacture the best products possible. Therefore, we warranty the Stroller Strides Fitness Kit against defects in material and workmanship subject to the conditions listed below. Since no product is indestructible, it does not cover defects attributable to or resulting from normal wear, abuse or alteration.

The Stroller Strides Fitness Kit is warranted for one year from the date of original purchase.

- Warranty is only valid for the original purchaser.
- Proof of purchase is required to exercise this warranty.
- Labor and freight charges are not included.
- Normal wear, neglect, abuse, accidents, improper use are not covered by this warranty.
- Warranty claims must be made through an authorized dealer.
- This warranty is limited to the repair or replacement of the defective part. BOB shall in no event be responsible for consequential or special damages.
- This limited warranty is the only express or implied warranty applicable to BOB. Any implied warranties, including warranties of merchantability
  and fitness shall be limited in scope and duration in accordance with this limited warranty.

Copyright © 2010 BOB Trailers, Inc. BOB TRAILERS, Inc. (800) 893-2447 www.bobgear.com

B.O.B







